

Despacho Gratitude Ceremony



During this special gathering we will connect with our bodies through some gentle movement and then express the gratitude in our hearts by participating in a Despacho ceremony, where we will create a "present" that will become a living prayer and offering to the earth.



November 21st, 2020,
3:00-5:00 p.m.

Cost \$30.00

Limited spaces;
Sign up today!

THE STUDIO
JUICE BAR • YOGA • MASSAGE

In the Shamanic tradition, an ayni despacho is done with the intention to bring oneself and one's community into right relationship with the natural world. The high shaman or wisdom-keepers from the Q'ero lineage of Peru, believe that the world mirrors back our own state of ayni or right relationship and that coming back into ayni allows the Universe to work on our behalf once again, restoring the flow of synchronicity and bringing energy shifts and healing.

